

# Kindergarten Readiness

## **What is Kindergarten Readiness?**

Kindergarten Readiness is an understanding of the social, emotional and pre-academic skills that most Kindergarten teachers identify as useful for any given child to demonstrate to make the most out of their Kindergarten year.

## **What is considered important for your child to demonstrate?**

- Sharing a task or activity with one or more other children.
- Confidence in the ability to work alone – self directed.
- Understanding teacher expectations, and being able to transition to new activities.
- Using words to solve a peer or adult/child misunderstanding.
- The ability to focus on the activity and follow directions.
- Recognizing shapes, colors, numbers and letters.

## **How can you help as a parent?**

- Spend quality time with your child, read books together.
- Set a regular early bedtime, and a familiar bedtime routine. Getting up early every day for school takes much energy from our children.
- Allow your child free time to use their imagination and create a world of play.
- Don't enroll your child in too many activities and have an expectation of perfection.
- Don't project your anxieties or your own childhood issues onto your child. They are unique individuals, all with different styles and capabilities.

## **How do I choose the school that is right for my child?**

The best way to determine which school will be the best fit for your child is to schedule an appointment to visit the schools you are interested in.