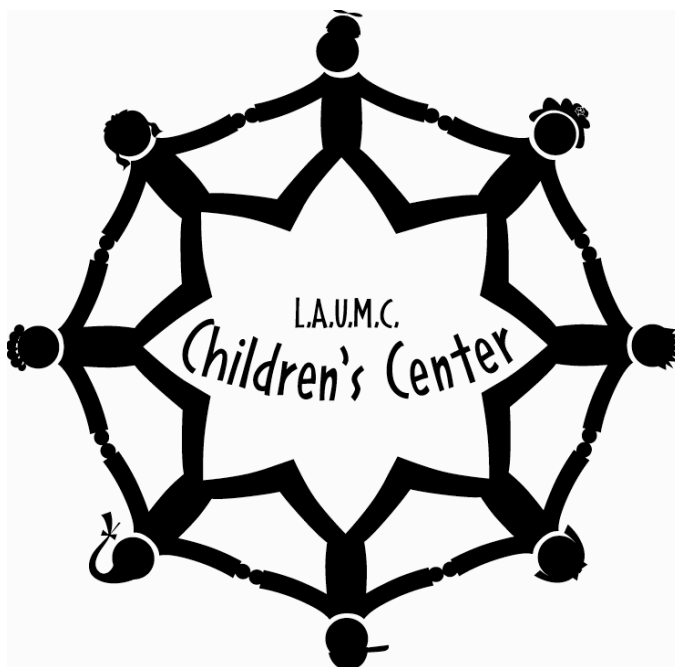


LOS ALTOS UNITED METHODIST CHURCH CHILDREN'S CENTER PRESCHOOL

655 Magdalena Ave.
Los Altos, CA. 94024
(650)941-5411

www.childrenscenterpreschool.org

PARENT'S HANDBOOK



SCHOOL YEAR
2009 - 2010

Los Altos United Methodist Church

Touching Heaven, Changing Earth

Children's Center

A Loving Place to Grow

The Los Altos United Methodist Church Children's Center provides a ten month, week-day program for young children. Our developmental program provides a safe, nurturing, Christian environment. Principles of love and respect are utilized in encouraging children as they learn and grow. Children learn through experience to respect each other's rights and needs.

Our curriculum is based on the Christian belief that all people are children of God and that the diversity of races, cultures and perspectives is a gift which enriches us all.

LAUMC's Children's Center is not only for children. You, as parents, are an integral part of this school. You are welcome and needed here. The staff and Director are available to you for conferencing, support or simply for conversation. We have formed the Family Resource Center (FRC) to provide coffees with the Director, speakers as well as a lending library for parents. These are free of charge and open to the entire community.

Our purpose is to nurture each child's social, emotional, intellectual and spiritual development. Our program provides both structured and unstructured time each day. We believe young children need many opportunities to choose activities from a carefully prepared environment. They also need to accept times when there is not a choice. Education is not only about imparting facts and imposing schedules. Children need time to dream, think and contemplate: to make sense of and enjoy the beauty of God's world. Our rules to live by are:

Be kind to yourself

Be kind to others

Be careful of all creation

CHILDREN'S CENTER CALENDAR 2009 - 2010

SEPTEMBER 2009

9/8 (Tues.)

Orientation Tuesday / Thursday Classes
(Parents of 2's and 3's are required to attend)

9/9 (Wed.)

Orientation Monday/Wed./Friday Classes and Young Fives
(Parents of 3's and new 4's are required to attend)

9/8 & 9/9

Back to School Night - Adults only please
6:30 - 7:30 PM for AM Classes / 8:00 - 9:00 PM for PM Classes

9/10 (Thurs.)

Regular School begins, including lunch and extended care

9/10 & 9/11 (Thurs. & Fri.)

Welcome Back Coffee's - Redwood Room
9 AM-10 AM and 1 - 2 PM

OCTOBER 2009

10/7 (Wed.)

Emergency Operation Plan -

Mandatory Meeting for Parents - 7 - 8:30 Creekside

10/16 (Fri.)

LAUMC Harvest Faire - SCHOOL CLOSED Church wide event

10/29 & 10/30 (Thurs. & Fri.)

Halloween Program & Party - 10AM & 2PM

Families invited to attend. No Ext. Care, Lunch, or "Play Pals".

NOVEMBER 2009

11/11 (Wed.)

Veteran's Day Observed - SCHOOL CLOSED

11/23 & 11/24 (Mon. & Tues.)

Emergency Drill (More info to follow)

11/25 - 11/27 (Wed.-Fri.)

Thanksgiving Recess - SCHOOL CLOSED

DECEMBER 2009

12/17 & 12/18 (Thurs. & Fri.)

Christmas Program - 10 AM & 2 PM

Families invited to attend. No Ext. Care, Lunch or Play Pals.

12/21 - 1/1/2010

Christmas Vacation - SCHOOL CLOSED

JANUARY 2010

1/5/10 (Tues.)

School Resumes

1/8 (Fri.)

Registration for Repeating 4's and Pre-K 8AM

1/13 (Wed.)

Registration for Returning families 8AM

1/18 (Mon.)

Martin Luther King Day - SCHOOL CLOSED

1/20 (Wed.)

Registration for Church Members & Wait List Priority 8AM

1/27 (Wed.)

Registration for General Public 8AM

FEBRUARY 2010

2/15 - 2/19 (Mon.-Fri.)

Winter Break - SCHOOL CLOSED

MARCH 2010

3/15 (Mon.)

Staff Development Day - SCHOOL CLOSED

APRIL 2010

4/2 (Fri.)

Good Friday - SCHOOL CLOSED

4/8 & 4/9 (Thurs. & Fri.)

Spring Sing 10 AM & 2 PM

Families invited to attend. No Ext. Care, Lunch or Play Pals.

4/12 - 4/16 (Mon.-Fri.)

Spring Break - SCHOOL CLOSED

MAY 2010

5/14 (Fri.)

LAUMC Rummage Sale - SCHOOL CLOSED Church wide event

5/31 (Mon.)

Memorial Day - SCHOOL CLOSED

JUNE 2010

6/4 (Fri.)

Last Day for Classes at the Children's Center

6/7 (Mon.)

Park Day 9:00 - 12:00 (All classes) More info to follow

*****Please Note: Events and Dates are subject to change.*****

Programs offered for the 2009 - 2010 school year are as follows:

TWOS

This program is designed for the independent 2-year old. The focus is on social development and learning through play. Child must be two by 9/1/09.

Tuesday / Thursday PM 1:00 - 3:00 (Sept - Dec)
Annual Tuition - \$2900 1:00 - 3:30 (Jan - June)
Monthly payments - \$290
Three classes with 16 students per class.

THREES

We offer a developmental program focusing on social interaction, fine motor, gross motor, free art and cognitive work. The program includes both structured and unstructured time. Child must be three by 12/2/09.

Tuesday / Thursday AM 9:00 - 11:30
Annual Tuition - \$2900 Monthly payments - \$290
Five classes with 18 students per class.

Monday / Wednesday / Friday PM 1:00 - 3:30
Annual Tuition - \$4100 Monthly payments - \$410
One class with 18 students per class.

FOURS

The focus of our 4- year olds is Kindergarten readiness. We believe that social maturity, (the ability to delay gratification, to share, to use words to communicate feelings), is as important as academic prowess. Child must be four by 12/2/09

Monday / Wednesday / Friday AM 9:00 - 11:30
Annual Tuition - \$4100 Monthly payments - \$410
Five classes with 20 students per class.

Monday / Wednesday / Friday PM 1:00 - 3:30
Annual Tuition - \$4100 Monthly payments - \$410
Two classes with 20 students per class.

INNOVATIVE

The **INNOVATIVE PROGRAM** offers a multicultural-based curriculum with an emphasis on exploring the differences and similarities of global communities. Child must be enrolled in our Fours program. Class held in Room # 11.

Tuesday / Thursday AM 9:00 - 11:30
Additional Annual Tuition - \$2900 Additional monthly payments - \$290
One class with 20 students per class

Tuesday / Thursday PM 1:00 - 3:30
Additional Annual Tuition - \$2900 Additional monthly payments - \$290
One class with 20 students per class.

YOUNG FIVES

This class is designed for the child who turns 5 in late summer or fall. It provides an opportunity for the child to enjoy being part of a small class, build self esteem & confidence, and continue to develop their pre-kindergarten skills. Child must be 5 by 12/2/09.

YOUNG FIVES Monday - Friday PM 1:00 - 3:30
Annual Tuition - \$7000 Monthly payments - \$700
One class with 18 students per class.

*All classes are contingent upon sufficient enrollment and are subject to change.

PLAY PALS

There are two full day options available at the Children's Center. These programs may be reserved by calling the Children's Center in advance or checking availability with the office.

M/W/F Mornings:

9 - 11:30 Room #11 Cost: \$40

Monday - Friday Afternoons:

1 - 2:30 Room # 2 Cost: \$20

1 - 3:30 Room # 2 Cost: \$40

The children will participate in a variety of activities, enjoy snack and outside play. The afternoon **PLAY PALS** program includes a required rest period. Children are encouraged to bring their own special blanket or "lovies". Space is limited to 12. The **PLAY PALS** class is **NOT** available on days with special events including the Halloween program, Christmas program and Spring Sing.

EXTENDED CARE

The Children's Center has several options to extend your child's day at school. Participation is available on an as needed basis. Charges are based on actual usage. Children in our Two's program may not participate in the extended care program or Play Pals program.

(Early Care)

Available beginning at 8 AM

MWF Mornings in Room # 3

T/Th Mornings in Room # 2

Cost : \$10 per hour / \$5 per ½ hour

Children are taken to their classroom at 8:45

Arrival after 8:45 /Go directly to classroom / Cost = \$ 5

(After School Care)

After school cell #: 650.776.8324

Available beginning at 3:30

Monday - Friday in Room # 3

Children are brought to room #3 at 3:35 PM.

Cost: \$10 per hour / \$5 per ½ hour

All children **MUST** be picked up by 4:30 PM

*Following a 5 minute "grace period", a \$5 per minute Late Fee will be assessed.

LUNCH

Children bring their own, "zero-trash", nutritious lunch. **THE CHILDREN'S CENTER IS PEANUT FREE. PLEASE DO NOT SEND PEANUT BUTTER OR ANY OTHER FOOD CONTAINING PEANUTS IN YOUR CHILD'S LUNCH.** If sending another "nut butter", please indicate by including a note in the lunch box.

Cost : \$10 per lunch

Cost : \$5 late pick up (Fee may be waived if continual conflict is approved by the office).

Available daily, except for days with special programs, such as Halloween, Christmas and Spring Sing.

Morning children are taken to Room # 1 at 11:35 and will go outside to the BEACH at 11:40 for supervised free play. **Children will NOT be released from the play yard except in an emergency AND with the Directors approval.** Children will be returned to the multi purpose room at 12 noon. If you are picking up your child at 12, please sign them out and pick up their belongings in front of their room. Children remaining for lunch will sit at the tables and wait for the teachers to pass out hand wipes. After grace, the lunches will be handed out. The lunch staff will help the children open their containers. We encourage them to eat and to reserve any treats for last.

Afternoon children may be dropped off in Room # 1 after 11:35. The lunch program proceeds as stated above.

Children will go to Room #2 for story time at 12:25. They are released as parents arrive and sign them out. Dismissal runs from 12:30 - 12:40. A late fee will be assessed at 12:45.

Afternoon children will be taken to their classrooms at 12:45. Children remaining will join the PM Play Pals class.

REGISTRATION AND ADMISSION POLICY

2010 REGISTRATION DATES: All registration begins at 8:00 AM in the Children's Center office. Registration is on a first come, first served basis.

Friday, Jan. 8	Registration for Repeating Fours and Pre-k
Wednesday, Jan. 13	Returning Families and Siblings
Wednesday, Jan. 20	LAUMC Church Members / Wait List Priority
Wednesday, Jan. 27	General Public Registration

Returning students and their siblings have registration priority. Once a child has completed our preschool program, families retain priority for additional children. Currently enrolled children and returning families will register first. Members of Los Altos United Methodist Church and families with wait list priority may register one week ahead of the general public. Children who were placed on the wait list after school began do NOT have priority. The final registration is for the general public. After registration, children may be added to a waitlist throughout the year and will be enrolled in the program as space becomes available.

REGISTRATION

Securing your child's placement at registration requires a NON-REFUNDABLE DEPOSIT of 1/10th your annual tuition plus an application fee of \$100. Wait Lists begin once the classes have filled. You may put your child on the Wait List by submitting your completed application form and application fee of \$75. The balance of the application fee, (\$25), is paid upon placement in a class. The Children's Center maintains the WAIT LIST for the entire school year. We call from the list as space becomes available. Declining a space offered from this list will result in the loss of priority.

As a consideration to families, we allow each registrant to sign up for one additional family that qualifies for the same date of registration. Parents are notified in early summer regarding classroom placement. Included in this mailing are all of the required forms as well as a calendar of school events and holidays. Special requests for a specific teacher or classmate(s) will be considered when it is in the best interest of your child and the make up of the class.

- All classes are contingent upon sufficient enrollment and sufficient staffing.
- Room assignments and teacher placements are subject to change.

ALL APPLICATION FEES & REGISTRATION FEES ARE NON-REFUNDABLE

TUITION

Annual tuition is divided into 10 equal payments, due on the first of each month September through May. A \$25 late charge is assessed on the eleventh of each month. Extended care charges may be included in the tuition check or paid separately. The money paid at registration is considered your tenth installment and is non-refundable.

SCHOLARSHIP

As part of the ministry of the Los Altos United Methodist Church, the Children's Center offers a generous scholarship program to families in need. Scholarship request forms are available in the office. Scholarships are not available for the Two's program. All requests for assistance are taken seriously. Decisions are made by the director and the senior pastor. A new request must be made each year.

ATTENDANCE / ILLNESS POLICY

Regular attendance makes school a happier more consistent experience for your child - as does prompt arrival. If your child is not feeling well, he will not enjoy his day and may be contagious. Children should remain at home for 24 hours after a fever breaks. If they seem unwell, have excessive nasal congestion, discharge or an elevated temperature, they should not be in school. If your child has allergies that require medication, we request that you send all medication with complete instructions, Doctor's name and phone number as well as your signature in a Ziploc bag that is clearly marked with your child's name and room number. This will be kept in your child's classroom backpack. If your child plans to stay for lunch on a regular basis we require an extra set of medications and instructions for the Kitchen backpack.

TRANSPORTATION

LAUMC provides no transportation and encourages car pooling for the parent's convenience, the environment and the social growth of the children. We ask that the white curb areas be used only if you have a sleeping baby or a child that is ill. The handicap spaces are to be used only by the disabled. Office staff is happy to assist, if needed.

DROP OFF AND PICK UP

Upon arrival, your child will be greeted by his or her teachers. For your child's safety, we ask that you sign them in, (and out), at their classroom using your full name, writing legibly. If someone other than you will be picking up your child, please call the office or write a note advising us of whom we should expect. **WE WILL NOT RELEASE A CHILD TO ANYONE WHO IS NOT AUTHORIZED BY THE PARENTS.**

Some children experience separation anxiety at the beginning of the year. This is not unusual. Encouraging your preschooler and sharing your confidence in them will work wonders in building their self esteem. If you are unsure and "rescue" them, the lesson that they will learn is that, "Mommy doesn't think I can do this, so I must not be ready for school." Your child will read your face. If you look worried, they will be unsure as well. If you give them a confident hug and kiss and tell them you will see them when school is over, they are less likely to be concerned. When a child discovers that they *can* go to school on their own, they are on their way to building a strong sense of self. And remember, we are a very experienced and loving staff. That is why you chose the Children's Center. We will love your child!

SNACKS

We provide a snack at mid-session, both morning and afternoon. The Children's Center is **PEANUT FREE**. We will serve no snack containing any peanut product. We request parents to do the same. Also, do not include any peanut butter or other peanut products in your child's lunch. If your child suffers from food allergies, we ask you to provide his/ her snack food. You are welcome to send a special treat for your child's birthday. Please do not bring Cupcakes with "Mile High" Frosting. Cookies, Rice Crispy Treats or homemade cupcakes are preferred. The typical daily snack menu consists of crackers, gold fish, pretzels or grahams with fresh or dried fruit.

WITHDRAWING YOUR CHILD

Should you need to withdraw your child for any reason, two weeks notice is required. Payment of tuition for that period will be charged regardless of attendance.

EMERGENCY TREATMENT

You have given permission in our admissions agreement for emergency medical / dental treatment, including the use of all emergency services should the need arise. This will be implemented only in extreme situations. We will make every effort to reach you should such an emergency arise. We ask that you keep us updated as phone numbers or emergency contacts change.

DRESS

It is our goal for all children attending the Children's Center to fully explore their environment. They will paint and use markers, run and ride bikes, climb the monkey bars, slide, swing, and dig in the sand. Please dress them for play. Please save the really special clothes for a special outing. Sturdy shoes and socks are a MUST. Please, **NO CROCS** or **SANDALS**. Please label all children's outerwear with the child's first and last name. We maintain a lost and found but all unclaimed items are donated to charity at the end of the year.

MEDICATION

If your child requires medication while at school, we need specific signed instructions from you. Please give a note and the medication to your child's teacher who will administer the medication(s) according to your direction. All medication is kept in the classroom backpack.

FIELD TRIPS

We will not be taking the children off campus for field trips. From time to time, we will bring people from the community, i.e.; physician, police officer, fire fighter, or community members with special talents to enrich our program. The **INNOVATIVE** class is the exception to this policy having generally 2 fieldtrips during the year.

EMERGENCY OPERATIONS PLAN (EOP)

The Children's Center offers "preparedness" training to all of our families each year. We have an elaborate plan in place to offer care and comfort to our children for up to three days in the event of an emergency. We have worked in conjunction with the Red Cross and the Police Department as well as researching the internet in order to keep current on evacuation procedures and facility preparedness. All staff has Criminal Record and Child Abuse Index Clearance. They are trained annually in Child CPR and First Aid techniques as well as preventative health practices including food preparation and sanitation that helps reduce the spread of infectious diseases. We hold monthly fire drills, have class earthquake drills throughout the year and hold a full school evacuation drill, with the parents' involvement, annually.

Disaster Information Card (YELLOW CARD) - This information pertains only to disaster / emergency situations. Please make sure that the persons you have authorized to take your child from school are aware that they are expected to come immediately to the school in case of disaster. It is crucial that these persons know exactly when your child attends LAUMC Children's Center. Please choose your emergency contacts very carefully. These contacts should be people who could arrive at the Center with a 10 minute drive. Please consider choosing people who are located in two different areas. In case of earthquake, tornado or fire, phones may be inactive and roads closed.

REQUIREMENTS

All necessary paperwork and required forms will be mailed to you. If you have any questions, please contact the office.

RETURNING CHILDREN:

Each year a new **Disaster Information Card** (yellow card) and **Admission Agreement** are required.

NEW CHILDREN:

Admission Agreement - You are given two forms, one to complete and return and one to retain for your files.

Notification of Parents Rights Form - Addresses your rights as parents and gives you the address and phone number of the state licensing agency.

Personal Rights Form - Addresses the rights of children attending this facility.

Child's Preadmission Health History - Parent's Report - An opportunity for you to share your thoughts regarding the life and habits of your child.

Caregiver Background Check Process - Information for parents, nothing to return.

Physician's Report - State law requires that your child have a statement regarding his or her health and an immunization record, signed by his physician, in the preschool file. The immunizations required by law for children over 18 months are:

- Polio 3 doses
- DPT 4 doses
- MMR 1 dose (after 1st birthday)
- Hib 1 dose (after 1st birthday)
- Hep B 3 doses
- Varicella 1 dose

ALL FORMS MUST BE COMPLETED AND SUBMITTED TO THE CHILDREN'S CENTER OFFICE ON THE FIRST DAY OF SCHOOL.

THE PRESCHOOLER'S DAY

Flexibility is crucial to a well balanced, comfortable preschool schedule. Activities may be alternated, shortened or lengthened in order to best meet the needs of our children. Each day at school will include:

Art and Craft activities - Painting of all varieties and with an array of objects and mediums. Collage, gluing, sensory experiences (like finger-painting with shaving cream) are all an important part of developing self expression. This is where the process is more important than the product. There are also teacher directed 'cognitive' craft projects that focus on a particular skill and / or theme. We love to do cooking projects, science experiments and practical life activities which aid in the development of skills leading to personal independence.

Bikes and Outdoor Play - Unstructured, outdoor play offers a wonderful opportunity for creativity, imagination, social interaction and growth. The children spend one of their outdoor periods in the bike yard each day and the second in one of the three other play yards. Each of our play yards offers different gross motor development activities as well as the wonders and endless possibilities of SAND! Kim Kludt of *Start Fitness* will lead your child's class in gymnastics (in lieu of their bike time) one day a week.

Circle Time - Teacher planned and directed, this 20 minute period might include music, movement, science, math and / or literature all under the guise of finger plays, flannel board stories, puppets, instruments and more. Circle time is the perfect place for learning that it isn't always 'our' turn, to be able to sit on a carpet square without touching our neighbor, to cooperate and to listen.

Small Group - The class is divided into three equal groups. The groups remain the same while the teachers and the assistant rotate. They might work on a special project, go for a nature walk around campus, or learn a new skill that is better taught within a small group. This is a very important part of our day.

Snack - Your child will be served a healthy snack each day. Snacks always include fresh fruit as well as crackers, goldfish or pretzels. We offer purified water (through a reverse osmosis system) each day. Birthdays are very special, parents are welcome to bring muffins or cookies as a special snack treat.

DISCIPLINE

At LAUMC Children's Center we practice loving, positive discipline. We guide our children to learn by experience and to develop the skills needed to control impulsive behavior and delay gratification.

We are dedicated to the premise that one does not need to feel worse in order to behave better. Behavior improves as discouragement lessens. A short, positively framed time-out helps us regain our positivity and well-being. Sometimes a child will need to give up a certain toy or activity until he can remember to share, not to grab from others, etc. If a child cannot sit by his or her friend and attend at circle, after a quiet "choice / warning", he / she will be asked to move. Teachers use "I" messages: "I can't let you...", "I can see that you are very angry." No discipline that shames or belittles a child will be employed. No punitive measures, and, of course, no corporal punishment. Children's dignity will always be respected. In very rare cases we find that our program does not meet the needs of a child. Should that situation arise, we will make every effort to find the appropriate help and / or program for the child.

SECURITY

There are many gated entrances on our Campus. We check them continuously throughout the day. Please help us by closing all gates as you pass through, and by closing any gate you see open.

Upon arrival, children are signed in prior to entering their classrooms. Anyone may bring a child to school; only parents or authorized persons may sign a child out at dismissal time. We will not release any child to anyone other than a parent without their written authorization.

When the children go to one of the play yards they are counted prior to leaving their classroom. One teacher leads them, one teacher follows and, whenever possible, there is a third person near the center of the group. As we prepare to return to our classrooms, children are seated, and counted again before coming back to class. The children are visually supervised by their teachers at all times.

The first thing we teach the children is: ONLY TEACHERS AND PARENTS OPEN DOORS AND GATES! We have excellent teacher/child ratios; therefore our children are carefully watched and supervised. Nonetheless accidents do happen and injuries do occur. It is our policy to tell parents about these "hurts" at pick up time. In the event of a more serious injury, the Director is notified and every effort is made to contact a parent. All Staff are kept current with first aid / CPR certification.

VISITATION

We invite, and encourage, you to visit LAUMC's Children's Center. Choosing the right school is important, and deserves thoughtful consideration. There are several visitation options available to you at the Children's Center. The simplest, most peripheral way to see our school is to drop by any school day, mid-morning or mid-afternoon, for a brief tour. We will take you through the classrooms and play yards; introducing you to staff as time allows, and answer your questions. At the conclusion of the tour we will provide you with our printed information. This tour takes about 10 minutes and no appointment is needed.

A much more enlightening, comprehensive visitation involves spending an entire morning or afternoon in one of our classrooms. Please schedule your visit in a class which will be age appropriate for your child when he enters school. For this reason we ask that you come without your child. We limit visitors to one per classroom. All visitors are required to sign in at the office.

Please be aware that staff will remain fully involved with the children during your visit. There may be time during the session when a teacher can chat briefly with you, but remember that our first priority is the children currently enrolled in our program. At the conclusion of your visit, office personnel will answer any questions and assist you in any way they can.

CHILDRENS CENTER STAFF

Joanie Ballog	1998	Teacher
Heidi Bliss	1998	Teacher
Merry Cohn	2000	Teacher
Lisa Davies	2000	Teacher
Mary Desai	2007	Assistant
Ellen Douglas	2003	Assistant
Kathy Dye	2005	Assistant
Mike Gardiner	2006	Gross Motor Resource
Rosalind Garrow	2001	Teacher
Luanne Graves	2006	Lunch Staff & Substitute
Dee Gray	2002	Teacher
Elizabeth Halden	2005	Assistant
Yuki Hata Kita	2005	Lunch Staff & Substitute
Jill Hixson	2001	Teacher
Mary Hoeber	2008	Lunch Staff & Substitute
Judy Inamori	2003	Assistant
Caroli Johnson	1998	Administrator
Jennifer Jung	2007	Lunch Staff & Substitute
Susan Kempe	1998	Teacher
Cathy Koehler	2009	Teacher
Kim Kludt	1998	Perceptual Movement
Danielle Lanthier	2006	Teacher
Bert Loughmiller	2006	Woodworking
Chris Margaretich	2001	Teacher
Non Mead	2001	Director
Dana Mendes	1998	Assistant & Lunch Coordinator
Emily Morgan	2000	Teacher
Jennifer Morgan	2007	Family Resource Center Prog. Coordinator
Sabine Muller Roth	1999	Office Assistant
Marcee Mungaray	2002	Teacher
Carolyn Pescosolido	2001	Teacher
Genie Ramon	2007	Assistant
Karen Rooney	2005	Teacher
Lorelei Russell	2003	Teacher
Lea Schlemmer	2003	Teacher
Laury Shattock	2005	Teacher
Betsy Sickler	2002	Assistant
Jill Stevens	2000	Teacher
Katie Stout	2009	Gross Motor Resource
Maureen Stuart	2006	Assistant
Tracy Warren	2006	Assistant
Lisa Whelan	2001	Teacher
Joyce Williams	1998	Assistant
Linda Wood	1998	Teacher / Puppets

THE FAMILY RESOURCE CENTER

“Helping you raise your children”

The Family Resource Center was created to support the Children’s Center Preschool mission of helping parents raise their children into happy, healthy, competent and faithful adults. We offer a resource library filled with parenting books, a speaker series tailored to the concerns and needs of our parents, and recurring “Coffee with Non” events in which Director Non Mead shares her child development knowledge. All of these are free of charge and open to the community.

SPEAKER SERIES

We offer free monthly speaking presentations where professionals share their knowledge on a variety of topics. A sampling of past events include:

- Mark Rosekind and Debra Babcock: “Keeping our Kids Alert: Sleep Challenges of a 24/7 Society”
- Stephanie Agnew from Parent’s Place: “Parenting as Partners” and “Positive Discipline”
- JoMary Hilliard: “Sibling Rivalry” and “Raising Boys”
- Louise Singleton: “Understanding Friendships”
- Dr. Denise Pope: “The Well-Balanced Child”
- Local Kindergarten teachers: “Kindergarten Readiness Panel”

COFFEE WITH NON

These informal gatherings offer you an opportunity to connect with other parents and to discuss the joys and concerns of parenting with Children’s Center Director Non Mead. Enjoy coffee and refreshments as you meet other parents and discuss different topics in a relaxing and supportive environment. Childcare is provided.

THE FRC LIBRARY

Our parent resource library offers numerous parenting books, CDs, and DVDs for you use. Books and discs are available to check out in the hallway outside of Non Mead’s office during regular school hours. Download a printable copy of the book list on our website.

Visit our website for more information and the 2009-10 event calendar:

www.childrenscenterpreschool.org/frc.html or contact the FRC Program Coordinator Jenny Morgan: jennifermorgan@laumc.org.

The Los Altos United Methodist Church offers a full Sunday School program and Children’s Choirs during the year, Vacation Bible School, Family Camp in the summer, and special seasonal activities. If you are looking for a church home, please visit LAUMC or view the website: www.laumc.org.

Thank you for considering the Children’s Center for your child’s preschool.

You may call the office if you have any questions at (650) 941-5411 or contact us at childrenscenter@laumc.org.

You may contact our Director, Non Mead at: nonmead@laumc.org.