

# Single Boomers+ Activities List

June 2010

*The Single Boomers+ (40+) Group's mission is to provide a forum for social and spiritual activities that fosters personal growth, friendships, and a sense of community at the Los Altos United Methodist Church.*

**Note: Pot Luck Lunch and Educational Video are now 1<sup>st</sup> and 3<sup>rd</sup> Sunday of each month! Mark your calendars and join us!**

## **June**

1. June 1, Tuesday 8:00pm. FREE TheatreWorks dress rehearsal tickets for "Opus". First come, first serve. Look for announcements later. Contact Lily Yang ([lcyang@comcast.net](mailto:lcyang@comcast.net)).
2. June 5, First Saturday of the Month Movie and Social Night. Contact Chang Choi ([crafftzman@yahoo.com](mailto:crafftzman@yahoo.com)).
3. June 6, Sunday - volunteer to set up for coffee hour from 10:00-11:30am
4. June 6, Sunday - Pot Luck Lunch from 11:00am – 1:00pm. Live Oak Room. Continuation of educational video and discussion – "Boundaires" from Cloud and Townsend. Contact Lily Yang ([lcyang@comcast.net](mailto:lcyang@comcast.net)).
5. June 20, Sunday - Pot Luck Lunch from 11:00am – 1:00pm. Live Oak Room. Continuation of educational video and discussion – "Boundaries" from Cloud and Townsend. Contact Lily Yang ([lcyang@comcast.net](mailto:lcyang@comcast.net)).

Watch for Stern Grove activities through out the summer.

## **Ongoing Activities:**

1. First Saturday of the Month- LAUMC Single Boomers – MOVIE AND SOCIAL. Usually meet for an early movie followed by dinner- possibly music and dancing afterwards. Contact Chang Choi ([crafftzman@yahoo.com](mailto:crafftzman@yahoo.com)).
2. Every first Sunday of the month – single boomers+ volunteers to set up coffee hour from 10-11:30am., immediately followed by single boomers + monthly pot luck lunch from 11:30am-1pm in the Live Oak Room. Contact Lily Yang ([lcyang@comcast.net](mailto:lcyang@comcast.net)).
3. Most Friday Nights- MOVIE NIGHT with Unity of Palo Alto. Meet around 7:00pm at the Shoreline Theater – Contact John Leong ([poppadoc.john@sbcglobal.net](mailto:poppadoc.john@sbcglobal.net)) for details.
4. Every Saturday at 9:00am "Age of Aquarius Walks"- Meet at Shoreline by the boathouse. Join them for breakfast afterwards. Everyone is welcome. Contact Ed Austin ([AustinINV@aol.com](mailto:AustinINV@aol.com)).
5. The Varsity Dance Club monthly Dance Series: On the Third Sunday of Each Month (except December) with live vintage music by Paul Price's Society Orchestra. 2:30pm to 5:00pm, ST. MARK'S HALL- 600 Colorado Avenue (between Middlefield and Cowper), Palo Alto, CA. Enjoy live music from 1900 to 1935, suitable for dancing or just listening. Grand March, Foxtrot, Waltz, Tango, One Step, Two Step, Charleston, mixer, and more. Afternoon/cocktail attire; period dress admired but not required. For more information or questions, please call 650-279-3598, or visit [www.PaulPriceOrchestra.com](http://www.PaulPriceOrchestra.com). Dance lesson, Tea and light refreshments included, \$15. Single Boomers contact Thomas Quan ([thomasquan@msn.com](mailto:thomasquan@msn.com)).

**We need your inputs on activities, workshops and anything else that might be applicable to single boomers! Come and make Single Boomers+ a success!**

*Would you like to join? Please contact Lily Yang at [lcyang@comcast.net](mailto:lcyang@comcast.net)*