

## **Health Kits for Haiti Relief – Los Altos United Methodist Church to be drop-off point**

Los Altos United Methodist Church will be a one-time drop off point for health kits (and raw materials for them) to be trucked to the United Methodist Committee on Relief (UMCOR) warehouse in Salt Lake City. The drop off will take place on Sunday, February 28, 2010, from 12:00-2:00 pm. The Los Altos United Methodist Church is located at 655 Magdalena Avenue, Los Altos.

The UMCOR warehouse in Salt Lake City has already sent 23,000 health kits to Haiti and has put out an urgent request for more. Families, community groups and churches are encouraged to provide health kits or the materials for them to be transported to the UMCOR warehouse.

A Health Kit includes these items (and nothing else) inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", No kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, No child-size brushes)
- 6 adhesive plastic strip sterile bandages

Completed kits can be put into boxes (3 cubic foot boxes preferred). Please note the number of health kits on the outside of the box. In addition, UMCOR requests a check for \$2 per kit to cover the cost of providing toothpaste and shipping to the final destination. Please put "Advance #901440" in the memo line of the check. The check can be placed in an envelope taped to the outside of the box.

Individuals or groups can also ship boxes of health kits directly to the warehouse at: UMCOR West Office and Depot, 1479 South 700 West, Salt Lake City, UT 84104-1605.

In addition to monetary contributions to relief agencies operating in Haiti, the health kits provide a tangible way for people to contribute to the relief efforts. Los Altos United Methodist Church has already sent more than 500 health kits to the Salt Lake City warehouse and is continuing to collect and assemble health kits. By taking care of the cost of shipping the kits to Salt Lake City, the church hopes to enable more people to participate in the effort.