

# **LAUMC WOMEN'S RETREAT**

**April 9-11, 2010**

**You are invited to the LAUMC Women's Retreat at Villa Maria del Mar in Santa Cruz, CA. Come share stories, laughter, prayer, the beauty and sounds of the ocean, walks on the beach and a well-deserved rest at this beautiful retreat site. You will have the opportunity to get back in touch with nature, with yourself, with other wonderful women and with God. Registration will begin on Sunday, January 10, 2010.**

**Our theme this year is "Be the Light". The retreat will be led by Sue DeLong, LMFT, Bonnie Bollwinkel, LCSW, Rev. Judith Pruess-Mellow, PhD, MDiv., and Debbie Weatherspoon, MDiv. and Anne Cross.**

**The cost of the retreat is \$275 for a single room and \$250 per person for a double room. A check made out to LAUMC for the full amount and the completed registration form (on page 2) are required for registration. This can be turned in at the information desk after church services, or turned in at the church reception desk or mailed to the church office at 655 Magdalena Avenue, Los Altos, CA 94024-1083. Please register early because space is limited. We do encourage sharing a room so that more women can go, but also understand that many women want to have their own private room for their retreat.**

**If you have questions about the retreat, call Sue DeLong 650-941-4043, Susan O'Neil 408- 245-5304 or Bonnie Bollwinkel 650-988-1246.**

**Please complete the registration form on the following page to let us know your necessary information and preferences.**

**We look forward to a wonderful, fulfilling retreat.  
Sue, Bonnie, Judith, Debbie and Anne**

## LAUMC Women's Retreat 2010 Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Hm) \_\_\_\_\_ (Wk) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email Address \_\_\_\_\_

Do you want a single or double room? \_\_\_\_\_

If a double, who will be your roommate? \_\_\_\_\_ or

are you willing to share with someone new to you? \_\_\_\_\_

**Do you have any special needs or circumstances we should know --- such as dietary restrictions, mobility restrictions, arrival or departure changes, or any other concerns we should know?**

**What are your hopes for your retreat experience?**

Please submit this form and a check made out to LAUMC to the information desk after services, or the receptionist at the church office, or to Susan O'Neil. Once the form and check are received, your name will be put on the participant list.

Unfortunately, we can't give refunds after March 10, unless you can find a replacement for yourself from the retreat waiting list. Villa Maria requires us to commit to our final head count a month before the retreat and will charge us for the room. Please check with Susan O'Neil (408-245-5304) to determine who is the next person on the waiting list. Once you have a replacement and your replacement has submitted her check and registration form, you will be given a refund (less an administration fee) after the retreat is over. Cancellations during the week before the retreat are sometimes unavoidable, but there can be no refunds after April 2. Some partial scholarships for the retreat are available if needed. For questions call Sue DeLong 650-941-4043, Susan O'Neil 408-245-5304, or Bonnie Bollwinkel 650-988-1246. We look forward to a wonderful retreat experience with you!